

# The Moat

## Tea Rooms

### Speciality Tea & Coffee Menu



#### BLACK TEA

##### English Breakfast

*A Flowery Orange Pekoe ( FOP ). A lovely large leafed tea, an excellent house tea. A blend of leaf teas from Assam and Ceylon. Excellent strong character with a full taste.*

*£2.75 per pot, for one*

##### Darjeeling First Flush

*Why not treat yourself to the champagne of teas and try a pot of our Darjeeling first flush. This tea is picked on precise days of the year. These first pickings from the bush create optimal quality and taste.*

*£7.95 per pot, for one\*\*\**

##### Darjeeling

*This Darjeeling tippy golden flowery orange pekoe, is a mid seasons blend of fine quality loose leaf teas. High grown tea from Darjeeling in the foothills of the Himalayas.*

*£3.40 per pot, for one*

##### Assam Single Estate

*Assam Tea Sewpur. This single estate naturally grown tea is from the "Sewpur" Estate which is known for its finest quality organic tea. This is a Speciality Tea with an excellent flavour.*

*£3.55 per pot, for one*

##### Ceylon Orange Pekoe

*Strong but delicate – rich flavour with aromatic liquor – good with milk but not suited to lemon.*

*£3.55 per pot, for one*

##### Keemun

*A delicate black china tea with an orchid aroma and brilliant colour – low in tannin.*

*£3.55 per pot, for one*

##### Russian Caravan

*This is not a Russian tea, it takes its name from the camel trains that first brought tea to Europe. Although nowadays lapsang is often included in the mix, traditionally Russian caravan comprises of china keemuns, fine Formosa oolongs, and just a trace of Darjeeling and china greens.*

*£3.70 per pot, for one*

##### Yunnan

*Rare Black China Tea – Strong with health giving properties, known as the 'Mocha of Tea'.*

*£3.80 per pot, for one*

##### Lapsang Souchong

*Interestingly when plucking Lapsang tea you don't pick the new growths of two leaves and a bud but instead pluck the more mature, riper, larger leaves from the lower parts of the tea bushes. After fermentation the tea leaves are put on hot iron pans and roasted for a short time, and then the tea is smoked over exotic woods rich in resin.*

*£3.55 per pot, for one*

##### Pu Erh

*Pu Erh tea is a tea that has been aged for many years in humid dark conditions. It comes from Yunnan in southern China and has lovely large tea leaves.*

*Pu Erh tea gives reddish liquor with a mellow and sweet aftertaste, known to help with digestion, indeed the Chinese regard it as a daily must to lower cholesterol and speed up metabolism.*

*Therefore it is getting a reputation as a diet tea or weight loss tea alongside the favourite Wulong tea.*

*£3.70 per pot, for one*

## OOLONG TEA

---

### Oolong

*Semi fermented – large leaf tea – between black and green – amber liquor with a chestnut honey flavour.*

**£3.70 per pot, for one**

### Wulong

*This is our standard grade Ti Kuan Yin. Wulong teas have a great reputation for being a very healthy drink and an aid in slimming, sometimes referred to as weight loss tea or diet tea.*

**£3.70 per pot, for one**

---

## WHITE TEA

---

### Pai Mu Tan

*Its large long leaves appear as many shades of green with different structures and tips of silvery white. In the cup Pai Mu Tan tea gives a shimmering amber tone with an elegant spicy taste.*

**£4.90 per pot, for one\***

### Ying Zhen Silver Needle

*Silver Needle Tea is amongst the very finest Chinese Teas. Picked on only a few days in early spring as the fresh new buds unfurl. The tea is not oxidised or rolled but simply withered and dried by a steaming process. The loose tea leaves resemble pine needles and its taste is mellow with a slightly smoky aftertaste.*

**£7.95 per pot, for one\*\*\***

### Jasmine Silver Needle Ying Zhen

*Very similar loose leaf tea to our Silver Needle but the tea is held back until the first Jasmine Flowers appear when they are added to the tea to create Jasmine Needle. Plucked when the April rains arrive and naturally sun dried.*

*The fresh Jasmine blossom is used to scent the tea for five consecutive nights when the Jasmine releases its full aroma.*

*After every night scenting the tea is gently fired to control the moisture content.*

*Low in caffeine and high in anti oxidants.*

*A wonderful loose leaf tea to replenish the mind, body and spirit.*

**£7.95 per pot, for one\*\*\***

**\* Add £1.25 to your cream tea**

**\*\* Add £1.75 to your cream tea**

**\*\*\* Add £3.50 to your cream tea**

## GREEN TEA

---

### Chinese Sencha Green

*China Green Tea – A Chinese loose leaf green tea for everyday drinking. This is a very popular grade which is a staple drink in China. The large loose leaf tea is slightly brittle due to the long wiry nature of the tea leaves. When brewed you get an olive green dark infusion. The taste is soft and mild with a sweet note. Be careful not to over infuse.*

**£3.55 per pot, for one**

### Gunpowder

*The name ‘Gunpowder’ was given to this speciality because of its rolled leaves which appear as little balls. When the loose tea leaves are brewed they crackle and unfurl. It has a strong traditional taste with a tangy aroma.*

**£3.55 per pot, for one**

### Jasmine With Flowers

*The National Drink of China no less. This Green tea can be drunk any time of day and on any occasion.*

*This is our house quality Jasmine tea and our most popular. It is quite a sweet blend with good blossom content which gives you an intense, flowery jasmine taste and scent.*

**£3.55 per pot, for one**

### Moroccan Mint

*This is a traditional tea blend from Morocco in North Africa. In Morocco green gunpowder tea from China is mixed with freshly picked mint. We blend gunpowder tea with dried peppermint herb to create this wonderful, authentic tasting tea.*

**£3.55 per pot, for one**

### Cranberry Rose Sencha Green

*Unique flavour of fresh cranberries and raspberries blend perfectly with our China green sencha. Bright cranberry slices, raspberry pieces and delicate rose buds beat a soft but enchanting rhythm which will awaken your taste buds.*

**£4.15 per pot, for one**

### Japanese Sencha Green

*This high quality Japanese tea is plucked in spring and steamed lightly before rolling. The loose leaf tea has a delicate brittle nature. Whilst brewing green tea you can see the wonderful leaf structures unfurl. The green tea infusion has a shimmering, deep olive green colour and a smooth light green taste, definitely one of the milder green teas. It has a pleasant tender note with a very slight sweetness suitable for those with sensitive taste buds Japanese herbal teas are known for their great medicinal benefits.*

**£7.95 per pot, for one\*\*\***

### Japanese Gyokuru

*Japanese Gyokuru Green Tea. One of Japan's rarest, finest, expensive quality teas. This tea is, unusually for Japan is grown under shade. Locally known as “Jade Dew” because of the pale green infusion.*

**£7.95 per pot, for one\*\*\***

## HERBAL & FRUIT TISANES

---

### Love Potion No.9

*This is a real fruit tisane with passion fruit and orange giving the appearance of pot pourri. Surprisingly fruity infusion are very refreshing.*

**£3.75 per pot, for one**

### Lemon & Ginger

*This loose lemon and ginger tea is a natural, caffeine free tisane. The ginger and lemon flavours are blended to produce citrus overtones, also having nutritional and medicinal qualities. Very refreshing afternoon tea, a real Zinger!*

**£3.75 per pot, for one**

### English Fruits of the Forest

*Berry Fruit Cocktail - Our most popular fruit Tisane. A dark purple mix of berries gives you a wonderful rich colour in the cup.*

**£3.75 per pot, for one**

### Summer Breeze

*Berry Fruit Cocktail - Our most popular Fruit Tisane. A dark purple mix of berries gives you a wonderful rich colour in the cup with a great aromatic adventure in store for you.*

**£3.75 per pot, for one**

### Rooibos

*Rooibos Red Tea is an unusual herbal tea. Traditionally natives would make a sweet fruity infusion on outdoor fires. This high quality rooibos tea is a loose leaf tea that has a rich ruby appearance and a soft sweet taste with a lovely aromatic aroma.*

**£3.75 per pot, for one**

### Peppermint

*Peppermint Natural Herbal Loose Tea - Europe has many different varieties of wild growing mint. This herbal green peppermint tea has an intense scent and flavours. Our Peppermint Tea also has calming and relaxing properties.*

**£3.75 per pot, for one**

### Camomile Flowers

*A member of the daisy family camomile flowers have been used for centuries as a traditional remedy for gastronomical pains and complaints. This camomile tea is a soothing tea for the end of the day as it has active relaxing ingredients.*

**£3.75 per pot, for one**

### Lemon Verbena Leaves

*The large leaves of Aloysia triphylla give a wonderful rich lemonscent and taste when infused. Our lemon verbena is a herbal tea. It has many health benefits including acting as a nerve tonic, antidepressant, expectorant, antispasmodic, digestive aid and treating colic.*

**£3.75 per pot, for one**

## FLAVOURED TEAS

---

### Earl Grey

*Earl Grey Tea is a very famous historic loose leaf tea blend flavoured with Oil of Bergamot. It is a very delicate process and choosing the right blend of Tea to oil is critical. Our tea blend is the perfect mix of teas from Keemun, Assam and Darjeeling and of course it is most important to use natural Oil of Bergamot.*

**£3.30 per pot, for one**

### Blue Lady

*This is a citrus scented blend of loose leaf black tea with exotic flowers. A tea to really excite the taste buds. A powerful citrus aroma with a sweet scented taste.*

**£3.75 per pot, for one**

### Rose Congou

*Rose Congou is a classically scented tea which the Chinese call Meigui Hongcha. Traditionally made with rose petals layered into this china black tea during processing. The taste is sweet and full with flowery notes.*

**£3.75 per pot, for one**

### Kentish Apple

*Kentish Apple Tea is an appealing apple flavoured tea. The Garden of England is known for its wonderful apples and this tea rings with apple flavour and a pleasant aroma.*

**£3.75 per pot, for one**

### Cinnamon

*Cinnamon Tea - Scintillating Cinnamon, a very special spicy flavoured tea blend. A mild black tea is blended with exotic cinnamon from south India.*

**£3.75 per pot, for one**

### Chai

*Chai tea known as Masala Chai in India. This is the traditional loose leaf tea version of our famous "Bombay Tea". Often served with milk and sugar, in India the tea, spice and milk is gently boiled for some time to create a strong spiced tea flavour. Cardamom, cinnamon, cloves, ginger, ginseng, rooibos and ginkjo blended with an Assam BOP.*

**£4.95 per pot, for one\*\***

### Vanilla

*Vanilla flavoured loose leaf tea. Black tea from Ceylon is blended with vanilla to give delicious brew.*

**£3.75 per pot, for one**

### Smiling Monkey

*A classic China black and Ceylon tea blend scented with the wonderful fresh and fruity banana and coconut, great aroma and taste. Ingredients: Black Tea, Coconut and Banana slices, Caramel chunks and flavouring.*

**£4.95 per pot, for one\*\***

# COFFEE SERVED IN CAFETIERE PER PERSON

## SINGLE ORIGIN COFFEES

### Monson Malabar

*A rich coffee with strong character.*

£3.60

### Organic New Guinea

*Unique full bodied characteristics with a delicate light flavour.*

£3.60

### Ethiopian Mocha

*This medium roast original has a smoothness with a strong gamey taste.*

£3.60

### Guatemala Elephant Beans

*This is a medium roasted coffee with an excellent flavour.*

£3.65

### Cost Rica

*This Costa Rica coffee is a top grade Arabica coffee which produces an excellent filter and cafetiere coffee.*

£3.50

### Kenya AA

*AA is the highest grade of Kenya coffees. With its sharp acidic characteristic it has a good strong body with an outstanding flavour.*

£3.65

### Jamaican Blue Mountain

*The finest coffee in the world from Jamaica. Wonderful, rich and smooth full of natural taste, a complete cup of coffee!*

£5.95\*\*

### Colombian

*A well balanced all round flavour with a rich depth and sweet aroma.*

£3.30

### Rain Forest Alliance – El Salvador Monte Sion

*This has a large and complex amount of acidity with a hint of spice, something similar to paprika, leaving a tingling sensation on the palate.*

£3.65

### Indonesian Old Brown Java

*A marvellous heavy bodied coffee with little acidity but a lovely gentle sweetness. A medium roasted coffee.*

£3.65

## BLENDED COFFEES

### Kentish Espresso

*A medium roast coffee with a full rounded flavour and great aroma.*

£3.60

### Java Santos

*Medium roasted Brazilian Santos is used to make this great smooth tasting espresso with a traditional espresso kick.*

£3.50

### Decaffeinated

*Full flavour with sweet overtones makes this a great caffeine free coffee.*

£3.50

### Blue Mountain Blend

*Medium roasted with a wonderful nutty flavour and striking aroma.*

£3.65

### Continental Dark Roast

*These dark roasted coffee beans have a delicious heavy aroma with a strong taste.*

£3.65

All our tea and coffee is available to takeaway in quantities of 125g and above, please ask for details.

*If you have any questions, queries or comments today, please do not hesitate to speak to your waiter or waitress.*

*Alternatively you can e-mail the Manager, Kelvin Sandhu.*

*[Kelvin@moattearooms.com](mailto:Kelvin@moattearooms.com)*

*Like us | Follow us | Share your experience:*



[www.moattearooms.co.uk](http://www.moattearooms.co.uk)